

Supplementary information

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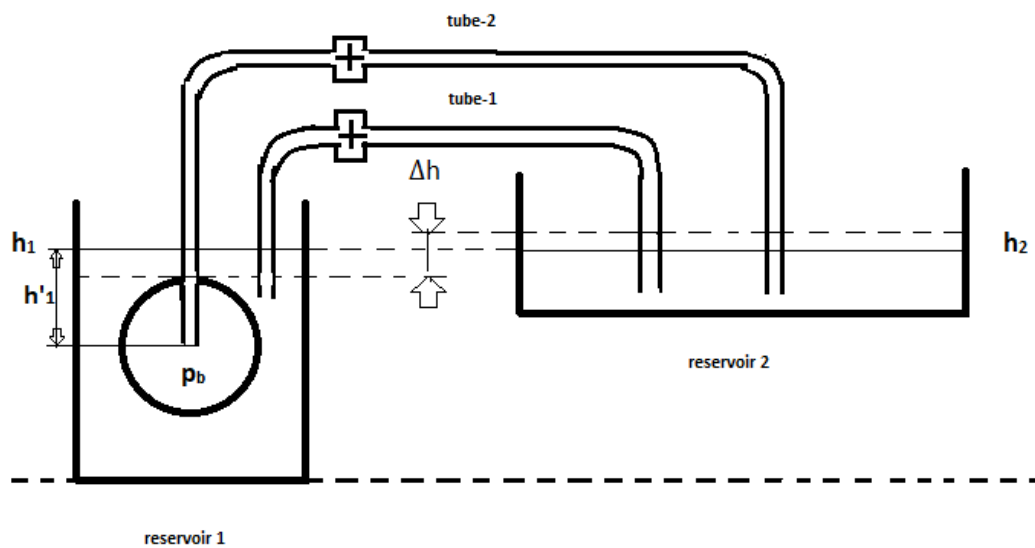


Figure S1. Two reservoirs connected by tube 1 which if opened brings water levels in both reservoirs in hydrostatic equilibrium. One end of tube 2 is situated in an elastic balloon and the other end is situated in reservoir 2. If tube 1 is closed and tube 2 is open, the stress in the wall of the balloon causes a flow out of the balloon via tube 2 into reservoir 2.

Figure S1 represents reservoir 1 and 2, both filled with water and connected to each other via tube 1 that is closed but can be opened. If there is a difference between the water levels in both reservoirs Δh then this causes a hydrostatic pressure difference $\Delta p_h = \Delta h = h_1 - h_2$ across this tube. If tube 1 is opened water flows from the reservoir with the highest water level to the reservoir with the lower water level till the water levels in both reservoirs are equal and $\Delta h(0) = 0$. In the initial situation drawn in Figure 1A $\Delta h(0) = 0$. In reservoir 1 an elastic balloon filled with water is fixed in the water. Total volume of the balloon is V that is equal to the sum of rest volume V_R and elastic volume V_E . Rest volume V_R is assumed to be constant. Elastic volume V_E depends on pressure p_b in the balloon. The balloon is connected to reservoir 2 via tube 2 that is closed but can be opened. Pressure inside the balloon p_b is measured at a fixed point h_1' under water level. Stress in the wall of the balloon contributes a pressure p_d to p_b . In the condition that $p_d = 0$ and $\Delta h(0) = 0$, p_b is calibrated as $p_b = 0$. When tube 2 is opened while $p_d(0) > \Delta p_h(0)$ then there is a flow F from reservoir 1 to

reservoir 2 and Δp_h increases. This flow stops when $p_d(\text{final}) = \Delta p_h(\text{final})$. For flow F via tube 2 from reservoir 1 to reservoir 2 holds,

$$p_d = FR + \Delta p_h \quad (1A)$$

where p_d is the flow driving pressure that is built up by stress in the wall of the balloon and R is flow resistance of tube 2.

Cross sectional area of reservoir 1 is $A_1=125 \text{ cm}^2$ and cross sectional area of reservoir 2 is $A_2=625 \text{ cm}^2$. When time t after initial condition $\Delta h(0) = 0$ a certain volume $V_e(t)$ has streamed from reservoir 1 to reservoir 2, then the water level in the reservoir 1 decreases with Δh_1 and water level in reservoir 2 increases with Δh_2 such that $\Delta h_1(t) A_1 = \Delta h_2(t) A_2 = V_e(t)$. The expelled fluid is accompanied by a change in hydrostatic pressure difference $\Delta p_h(t)$:

$$\Delta p_h(t) = (1/A_1 + 1/A_2)V_e(t) \quad (2A)$$

As $A_2 > A_1$ the decrease of water level h_1 is larger than the increase of level h_2 .

Because changing column h_1 above the point of measurement contributes to the change Δp_b the recorded change in pressure Δp_b is not equal to the change in Δp_d . Because $\Delta h_1 = \Delta h'_1$,

$$\Delta p_b(t) = \Delta p_d(t) - \Delta h'_1(t) = \Delta p_d(t) - V_e(t)/A_1 \quad (3A)$$

The finally expelled volume $V_e(\text{final})$ is accompanied by final decrease of p_d from $p_d(0)$ till $p_d(\text{final})$:

$$\Delta p_h(\text{final}) = (1/A_1 + 1/A_2)V_e(\text{final}) \quad (4A)$$

For ratio $V_e(\text{final})/\Delta p_d(\text{final})$ we write:

$$\begin{aligned} V_e(\text{final})/\Delta p_d(\text{final}) &= V_e(\text{final})/(p_d(0) - p_d(\text{final})) = \\ &= V_e(\text{final})/[p_d(0) - V_e(\text{final})] \\ (A_1 + A_2)/A_1 A_2 &= C \end{aligned} \quad (5A)$$

The ratio C of a small change of elastic volume dV_E and associated small change in pressure dp_d of an elastic balloon is the elastic compliance C_E :

$$C_E = dV_E/dp_d \quad (6A)$$

We assume that for the elastic balloon C_E is constant, independent of V_E . In other words for such an elastic balloon $C_E = C$ so that $V_E/p_d(0) = C_E = C$ and according to (5A) C_E can be derived from the observed values of $V_e(\text{final})$ and $p_d(0)$.

We express the change in hydrostatic pressure caused by change in h_1 and h_2 also in a compliance parameter C_h defined as:

$$C_h = dV_e/dp_h = A_1 A_2 / (A_1 + A_2) = V_e(t) / \Delta p_h(t) \quad (7A)$$

In the set up C_h is a constant. With the given values of A_1 and A_2 , $C_h = 104 \text{ ml/cm H}_2\text{O}$.

By combining (7A) with (5A) we get:

$$C = C_E = V_e(\text{final})/\Delta p_d(\text{final}) = V_e(\text{final})/[p_d(0) - V_e(\text{final})/C_h] \quad (8A)$$

When tube 1 is closed then F is equal to rate of decrease of the elastic volume $V_E(t)$ so that:

$$F(t) = -dV_E(t)/dt \quad (9A)$$

The combination of (6A) with (9A) yields

$$F(t) = -C_E dp_d/dt \quad (10A)$$

The combination of (10A) with (1A) yields

$$p_d(t) = -RC_E dp_d/dt + \Delta p_h(t) \quad (11A)$$

Combined with (7A) we can rewrite (10A) as:

$$p_d(t) = -RC_E dp_d/dt + V_e(t)/C_h$$

or

$$dp_d/dt = - (C_h p_d(t) - V_e(t))/RC_E C_h \quad (12A)$$

With initial elastic volume of the balloon $V_E(0)$ and constant elastic compliance C_E holds:

$$V_e(t) = V_E(0) - p_d(t)C_E \quad (13A)$$

By substitution of (12A) in (13A) we get the following first order differential equation:

$$\frac{dp_d}{dt} = - \left[\frac{C_E + C_h}{RC_E C_h} \right] p_d(t) + \frac{V_E(0)}{RC_E C_h} \quad (14A)$$

With initial value $p_d(0) = V_E(0)/C_E$ the solution of differential equation (14A) is

$$p_d(t) = V_E(0) \frac{C_h}{C_E(C_E + C_h)} e^{-\frac{t}{RC_s}} + \frac{V_E(0)}{C_E + C_h} \quad (15A)$$

where for C_s in the exponent time constant $T=RC_s$ holds

$$C_s = C_E C_h / (C_E + C_h) < C_E \quad (16A)$$

C_s is an equivalent compliance parameter of the system that determines the rate of elastic expulsion and C_s equals the value of C_E in series with C_h .

According to (15A) $p_d(t)$ decays according to a mono-exponential function with time constant $T=RC_s$.

Besides by using (8A) we can use (16A) also to derive the elastic compliance C_E from the time constant T obtained from the mono-exponential function:

$$C_E = C_h C_s / (C_h - C_s) \quad (17A)$$

The hydrostatic pressure Δp_h built up during expulsion has an accelerating effect on decay of $p_d(t)$ so that $C_s < C_E$.

In the experimental set up $p_b(t)$ has been recorded instead of $p_d(t)$.

During an expulsion h'_1 decreases similar in time to the increase of $V_e(t) = C_E p_d(0) - C_E p_d(t)$. If we use (3A) to substitute $p_b(t)$ for $p_d(t)$ we get,

$$p_b(t) = (1 + C_E/A_1) p_d(t) - C_E/A_1 p_d(0) \quad (18A)$$

so we find that $p_b(t)$ decreases similar to the mono-exponential decay of $p_d(t)$, with time constant $T = RC_s$. Hence time constant T derived from recording of $p_b(t)$ we can calculate, by applying (15A), (16A) and (17A) with known values of R and C_h , the elastic compliance C_E .

The amplitude $p_d(0)$ can be derived from the amplitude of $p_b(0)$ by applying:

$$P_d(0) = p_b(0) + \Delta p_h(\text{final}) = p_b(0) + V_e(\text{final})/C_h \quad (19A)$$

Because:

$$V_e(\text{final}) = C_E [p_d(0) - p_d(\text{final})] = C_E [p_b(0) - (p_b(\text{final}) - \Delta h_1)] =$$

$$C_E [p_b(0) - (p_b(\text{final}) - V_e(\text{final})/A_1)]$$

or

$$V_e(\text{final}) (1 + 1/A_1) = C_E (p_b(0) - p_b(\text{final})) \quad (20A)$$

the total amount of expelled volume $V_e(\text{final})$ expelled by the mono-exponentially decaying pressure $p_d(t)$ can be derived from the mono-exponentially decaying $p_b(t)$.